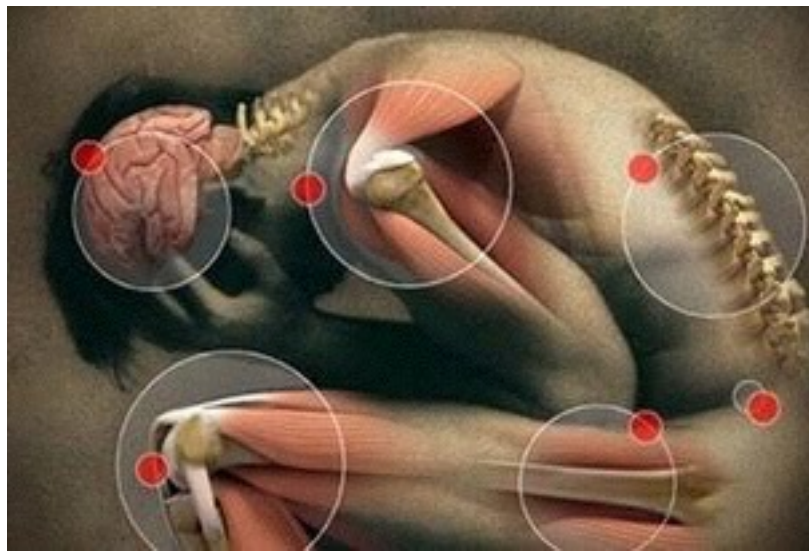


# Fibromyalgia

## Fibromyalgia Treatment

More than 12 million Americans suffer from fibro fog, widespread pain, fatigue, depression, and headaches, caused by Fibromyalgia. Currently there is no cure for fibromyalgia but treatment with Whole Body Cryotherapy (WBC) may help reduce inflammation and pain dramatically! People with fibromyalgia have experienced relief from pain associated with the disease with cryotherapy treatments. The exposure to subzero temperatures is a revolutionary technology that you may find to be the best pain therapy relief method for your symptoms.



## More on Fibromyalgia

Fibromyalgia is a syndrome/disease with multiple signs and symptoms of pain. Fibromyalgia causes, in some cases, extreme soft tissue and muscle tenderness resulting in uncomfortable pain at times due to simple contact such as hugging or gentle touching. These areas of your body become more tender over the years leaving you with a feeling of hopelessness.

## Chronic Fatigue

Constant chronic fatigue is a common symptom of fibromyalgia. This type of chronic fatigue is far from normal fatigue. If you find yourself fatigued after hours of rest, you may be experiencing this very same chronic fatigue. Often people who suffer from chronic fatigue due to fibromyalgia describe their sleep as lousy rest or as if they haven't slept at all.



## Mood Disorder

Chronic fatigue caused by fibromyalgia can further affect your mood causing anxiety or depression. People who suffer from chronic fatigue may also experience isolation and severe depression because of the debilitating effect it can cause a person to experience.

